

DID YOU KNOW?

1. At birth, water accounts for approximately 80 percent of an infant's body weight.
2. The United States uses about 346,000 million gallons of fresh water every day.
3. The most common cause of daytime fatigue is actually mild dehydration.
4. 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.
5. Groundwater can take a human lifetime just to traverse a mile.
6. Most of the earth's surface water is permanently frozen or salty.
7. Water regulates the earth's temperature.
8. Frozen water is 9% lighter than water, which is why ice floats on water.
9. Human brains are 75% water.
10. Human bones are 25% water.
11. Human blood is 83% water.
12. 75% of a chicken is water.
13. 80% of a pineapple is water.
14. 95% of a tomato is water.
15. 70% of an elephant is water.
16. Water regulates the temperature of the human body.
17. Water leaves the stomach five minutes after consumption.
18. Americans use five times the amount of water that Europeans use.
19. Today, at least 400 million people live in regions with severe water shortages.
20. Each day almost 10,000 children in Third World countries die as a result of illnesses contracted by use of impure water.
21. Most of the world's people must walk at least 3 hours to fetch water.
22. It takes 1,500 gallons of water to process one barrel of beer.
23. It takes 120 gallons of water to produce one egg.
24. To process one chicken we need 11.6 gallons of water.
25. To process one can of fruit or vegetables we need 9.3 gallons of water.
26. About 6,800 gallons of water is required to grow a day's food for a family of four.
27. It takes 1,850 gallons of water to refine one barrel of crude oil.
28. To manufacture a new car 39,000 gallons of water is used.
29. A human can survive for a month or more without eating, but only a week without drinking water.
30. California has a 20-year supply of freshwater left
31. New Mexico has only a 10-year supply of freshwater left
32. The two largest rivers in New Mexico are the Rio Grande and Pecos. The Pecos is actually a tributary of the Rio Grande. Lakes and Rivers make up only .002% of New Mexico's total surface area. The lowest water-to-land ratio of all 50 states.
33. Most of New Mexico's lakes are man-made reservoirs. A dam on the Rio Grande formed the Elephant Butte Reservoir, the state's largest lake.
34. In some deserts, rain is so uncommon that the natives do not have a word for it.
35. The koala bear and the desert rat do not drink water.
36. Frogs don't drink water. They absorb it through their skin.
37. A cactus serves as a natural water reservoir. The liquid stored in it is not clear like water, but looks like a thick viscous substance. This liquid is absolutely safe for human consumption. It can be obtained for drinking by scratching or making a hole in the columnar cactus. This fluid has saved several lives in the desert regions.